

ledge acquired in a few months of such very special tuition."

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THE Nurses belonging to the City of Dublin Nursing Institute are trained in the wards of the City of Dublin Hospital, but, unfortunately, a diploma is granted after only one year's training, when the Nurse may retain her membership of the Institute and be sent to private cases in Ireland, or she may join the foreign branch which has been instituted at Pau in the South of France.

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Although the training is so short, the courses of lectures which the Nurses have the privilege of attending are excellently arranged and very comprehensive. The first series includes thorough instruction in anatomy, the second series deals with physiology; the third course includes hygiene, the relation of clothing to health, and the lifting and carrying of the sick and injured, which latter is a very valuable part of a Nurse's education. There are three more advanced courses of lectures given on the Nursing of medical cases, surgical cases and ophthalmic Nursing. There are also two courses given by the Superintendents of the City of Dublin Hospital and the Nursing Institute, on general Nursing.

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Probationers are expected to serve three months on trial, at the conclusion of which a decision is arrived at as to whether the candidates are suited to the work they have undertaken. A distinction is marked between the Nurses and probationers by the wearing of cap strings by the Nurses, the probationers contenting themselves with pinning on their stringless caps. The Nurses are not provided with any stimulants, and are not allowed to supply themselves with such unless by medical advice. The Institute is non-sectarian, being open to receive Nurses of all denominations.

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At the Adelaide Hospital in Dublin it is required that candidates for training must be Protestants and fairly well educated. It is curious that special stress is laid on their ability to read aloud well; but certainly for private Nurses this is an admirable qualification. So many sick people during convalescence would find tireless interest and amusement in being read to, but, unfortunately it is a gift possessed by few people, and hitherto no special stress has been laid on the advantages which would accrue if private Nurses had opportunity and encouragement to cultivate this gift.

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Dublin is certainly progressive in its Nursing ideas as is shown by that city being the first to establish a Central Teaching Institute where

Nurses may receive a professional education and obtain diplomas quite independently of their training schools—the training school certificate, of course, being required in addition. There has been much discussion about establishing in England some such Central Teaching Body—on the lines of a Nursing College or University—and while we have been talking about it, Dublin has done it.

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The Adelaide Hospital has also adopted the system of payment on the part of the Nurses for their training, a sum of thirteen guineas a quarter being required from the probationers. Some pupils are received at the nominal fee of £5, and are then required to serve the full three years. The paying probationers may leave at the end of a year, and unfortunately the system, which is not at all progressive, is adopted of giving a certificate *for one year's* training. But the Nurses are encouraged to serve the three years, receiving, of course, quite a different certificate from the "one year" probationers.

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The time on duty for the Nurses in the Adelaide Hospital averages 87 hours per week. The Nurses on day duty have a light breakfast *à la Continent*, of tea or coffee and bread and butter before they enter the wards, and they have a regular breakfast with meat or eggs at 8.30, a luncheon of bread and butter and milk is served in the ward kitchen at 11 a.m., a substantial dinner in the dining hall, five o'clock tea is served in the ward kitchens and a good supper winds up the substantial bills of fare provided by the Hospital for its workers.

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At one or two of the Chicago hospitals two grades of certificates are given, the higher one bearing the seal of the hospital. This is certainly not a plan to be commended. Unless a Nurse is fit for the best certificate her hospital can give, she is not fit to be sent out as a Nurse. The giving of a medal to those who have specially distinguished themselves is a very different matter; but the two-grade certificate is as unsatisfactory to the Nurses as it is to the public.

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A "PROVINCIAL Chemist" has been writing to the papers on the subject of Shop Slavery and urging the adoption of an eight-hours day; he says, "There are thousands of 'weary shopkeepers' whose daily routine may be summed up in a few words, 'From bed to shop, from

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